



Cullaun Sailing Club Kilkishen Co. Clare

www.cullaunsailingclub.com

CULLAUN SAILING CLUB JUNIOR SAILING PROGRAM

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1. REGISTRATION

With Another exciting year of Junior Sailing about to begin at Cullaun Sailing Club we would remind you that classes begin to fill up quickly hence enrollments will be managed on a first come, first served basis upon receipt of the following:

- Completed Junior Enrollment Form
 - Completed Code of Conduct and Conditions of Enrolment Form
 - Payment in full (Cheque/Cash)
- }] (signed + 1 form per student)

Please be reminded that to ensure the safety of everyone's children, we'd appreciate you keeping our facility (and your children's snacks and lunches) "**Nut**" and "**Shellfish**" free.

On behalf of the sailing instructors and volunteers who operate the Cullaun Sailing Club Junior Sailing program, thank you for your support.

We look forward to our children experiencing great year of sailing at Cullaun Lake.



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2 . JUNIOR ENROLLMENT FORM

(To be completed by a Parent/Guardian)

Student Details:

Name:	_____
Date of birth:	_____
Age:	_____
Address:	_____ _____ _____ _____
Prior sailing experience / level:	_____
Swimming competence:	_____

My Boat: (complete **only** if student will be sailing their own boat)

I declare that the boat will be covered by **Third Party Liability Insurance**.

Signature _____ If the boat is owned by a person other than the applicant, the owner's signature is required. If the owner is a Junior member, the parent's signature is required. **Indemnity: not less than €3,000,000.**

Medication Concerns /Allergies:

1. Does the participant require medication? Yes _____ No _____
If yes, please explain: _____

2. Do you require medication to be stored or administered by staff during the program? Yes ____ No ____
If yes, please provide details: _____

It is the Parent or Guardian's responsibility to ensure the instructor fully understands these requirements.

3. Does the participant have any allergies? (Food/drug/environmental, etc.) Yes _____ No _____
If yes, please indicate each and the treatment required: _____

4. Does the participant have a life-threatening allergy (i.e.: Anaphylaxis)? Yes _____ No _____

5. Does the treatment for this allergy involve the use of an epi-pen? Yes _____ No _____



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Parental Involvement:

Cullaun Sailing Club is run on a voluntary basis by the club members. We encourage, and in some cases require, parental involvement. Please indicate if you **WILL / WILL NOT** be available for shore duty on at least one day of the training course. *Please note that your availability may be used to determine acceptance to any training offered at Cullaun Sailing Club.* Please indicate date(s) available

Parental Details:

Name: _____

Email address: _____

Home Phone # _____ Work # _____ Mobile # _____

Emergency Contact: *(if different than Parent / Guardian)*

Name: _____ Relationship to Participant: _____

Home Phone # _____ Work # _____ Mobile # _____

Safety:

Please read the Cullaun Sailing club safety statement as published on the club website www.cullaunsailingclub.com and be aware of the risk involved with sailing.

Please feel free to discuss any concerns you may have with a committee member.

General Release:

I hereby acknowledge and agree that participating in the Cullaun Sailing Club Junior Sailing program operated by the Cullaun Sailing Club has inherent risk, including personal injury or loss of life. I understand these risks and hereby release and discharge Cullaun Sailing Club, it's executive, all staff members and volunteers of and from any and all liability and responsibility to the undersigned for and in connection with any harm resulting to the applicant from participating in said program and agree to forever indemnify the Cullaun Sailing Club, it's executive, all staff and volunteers from any and all liability or loss to the applicant in connection therewith. I also agree to indemnify the Cullaun Sailing Club, it's executive, all staff members and volunteers against claims made on behalf of my child at any time arising out of the administration of medication or treatment described herein.

Signature _____ Date _____



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3. Code of Conduct and Conditions of Enrollment Form

(To be completed by a Parent/Guardian and Student)

Mission Statement

The Junior Sailing Program strives to provide a challenging and rewarding experience for both youngsters and adults. Within a safe and supportive environment, each individual is encouraged to develop his or her skill, knowledge, and confidence, at his or her own pace, and we try to instill an appreciation for the water and a love for sailing.

Safety

Participants in Cullaun Sailing Club sailing programs agree to abide by the following safety guidelines:

1. Personal Floatation Devices worn and secured at all times.
2. Wear proper close-toed footwear at all times.
3. No running or pushing.

For further information refer to the club safety policy published on the club website.

Drugs Alcohol and Tobacco

Use of alcohol, drugs or tobacco by any junior member while engaged in any activity sponsored by the Club is grounds for immediate dismissal. This includes classes and regattas, both at the Club and away. Specifically, during regattas you are considered to be representing the Club, and as such, should comply with this Code whether on or off the water.

Sportsmanship, Behavior and Courtesy

Members of the Sailing Program are considered representatives of the Cullaun Sailing Club. In that regard, it is expected that all participants will conduct themselves in a manner deemed appropriate in the eyes of the Club, acting in accordance with Cullaun Sailing clubs "child protection" policy as published on the club website. This includes:

1. Treating other students, instructors, club staff, and members with respect, regardless of race, religion, gender or abilities.
2. Respecting the property of the Club and its members, including all buildings, grounds and sailing equipment.
3. Respecting the property of others, both on and off Club property, while attending regattas.
4. Refraining from using inappropriate or profane language.
5. Refraining from physical or verbal abuse of others.
6. Demonstrating teamwork, helpfulness and cooperative behavior.
7. Contacting the organiser ahead of time if you will be missing class.



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The discipline policy for administering the Club Code of Conduct described below provides that each sailor shall have three "infringements" with regard to any non-rule behavior as follows:

First "infringement"— Your parents will be called by the instructor and the transgression will be reported. This will be recorded on your file and the Program Director will be notified.

Second "infringement"— You and your parents will be asked to meet with the instructor and the Program Director to discuss the first and second transgressions and to make a plan to avoid any further misbehavior. The notes from this meeting will also be documented in your file.

Third "infringement"— Dismissal. We will notify your parents that you are on your way home. You will no longer be welcome in the program.

The definition of an "infringement" is up to the discretion of the class instructor and the Program Director. No refund will be given for a discipline-based dismissal. The Sailing Committee reserves the right to expel a sailor from the program with no appeal.

Student Acknowledgement:

I, _____, hereby acknowledge and confirm that I have reviewed the Code of Conduct and agree to abide by all the rules set forth herein. I understand that for failing to follow the Code of Conduct I can be expelled from the Sailing Program and the Club.

Signature _____

Date _____

Parent Acknowledgement:

I/We, _____, hereby acknowledge and confirm that I/We understand that I/We are responsible for our child's behavior while involved in the Cullaun Sailing Club Sailing Program activities and will see to it that our child adheres to the above Sailing Program Code of Conduct and Conditions of Enrollment. I/We further confirm that I/We have reviewed the Code of Conduct with my/our junior sailor, including the possible consequences for infringement of this Code.



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4. Frequently Asked Questions

Q: What's the minimum age allowed on the Junior Course?

A: Students must be age 8 or 9 to be adequately prepared to sail.

Q: When does the program take place?

A: Classes are from Monday to Friday beginning at 10:00am until 4:30pm.

Children must be dropped and picked up between these hours.

In the interest of safety, please note that the instructors are not authorized to provide supervision before or after this period.

Q: What facilities are available for storing / heating food?

A: We do not have a refrigerator available for student's lunches and beverages nor is there any equipment available for heating food.

Q: What do students need to bring each day?

A: Parents must ensure that each sailor brings the following items to class each day (please label all clothing and towels):

- Towel
- Shoes to get wet (neoprene booties or old runners **no flip flops**)
- Rain gear
- Hat (recommended)
- Change of clothes
- Sunscreen
- Lunch / snacks - **must be completely nut free and shellfish free**
- Water / beverages
- Wetsuit (if you have one)
- A buoyancy aid will be provided during training (must be worn at all times)

Q: Who do I make my cheque(s) out to?

A: Cullaun Sailing Club